 moving On In...

Students living in Residence Hall were greeted by a move-in crew comprised of upperclassmen, faculty, and staff on Aug. 19. St. Louis College of Pharmacy welcomed 1,218 new and returning students to campus for the 2010-11 academic year. Of the total enrollment, 234 are first-year students representing 20 states, including top-represented states Missouri, Illinois, and California. This is the second consecutive year that enrollment at STLCOP has surpassed 1,200. “As the new president, I’m thoroughly impressed with the quality of STLCOP students,” said Dr. John A. Pieper, who began Aug. 1. “In recent days, with students moving into Residence Hall and starting classes, I’ve enjoyed meeting and talking to them about their aspirations of becoming pharmacists and contributing to the health care community.”

Moving On In...

ST. LOUIS COLLEGE OF PHARMACY
SCRIPT
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PHOTOGRAPHS BY KATIE KELLY & COLLEEN KRUTEWICZ

Fall 2010

Features

Pieces of Home
Each fall, a new group of students arrives at STLCOP. They bring Ugg® boots, jeans, and just-opened sheets. Most also bring objects from home to carry them through whatever comes their way during their first year at college.

Bryan Daniels

Lessons in Literature
If you’ve been searching for your next literary adventure or looking for recommendations to revive your reading habit, here are some ideas and reflections from our favorite in-house critics and reviewers.

Katie Kelly

Creature Comfort
STLCOP alumni in veterinary pharmacy are finding the best ways to provide care for our furry, friendly — and, sometimes, not so friendly — animal companions.

Maureen Harmon

Class of 1960
The class of 1960 recently made their way back to campus to celebrate their 50th reunion, and we thought it would be fun to test your knowledge of a few members of the class.

Sheila Haar Siegel

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St. Louis College of Pharmacy welcomed 1,218 new and returning students to campus for the 2010-11 academic year. Of the total enrollment, 234 are first-year students representing 20 states, including top-represented states Missouri, Illinois, and California. This is the second consecutive year that enrollment at STLCOP has surpassed 1,200. “As the new president, I’m thoroughly impressed with the quality of STLCOP students,” said Dr. John A. Pieper, who began Aug. 1. “In recent days, with students moving into Residence Hall and starting classes, I’ve enjoyed meeting and talking to them about their aspirations of becoming pharmacists and contributing to the health care community.”

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DEPARTMENTS

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Carrying out Doc’s Order

It was a measure of Dr. Leonard Naeger’s popularity and reputation after he passed away that the Pheresis Center at Barnes-Jewish Hospital hosted a week in recognition of his commitment to donating platelets. During the past 21 years, without fail, Naeger would show up at the center every two weeks – the minimum amount of time required between visits to safely donate. Naeger donated platelets at the hospital more than 541 times, and was one of only two people to have surpassed the “500 mark.”

“Leonard wanted to make sure that patients had the products they needed to proceed with their procedures and therapy,” says Debra Pierce, donor recruiter at the Pheresis Center. “He always arranged his travel and CE programs around his donation schedule and made sure he was traveling to CDC-approved locales, such as countries without malaria, so as not to affect his ability to donate.”

The Pheresis Center invited STLCOP students, faculty, and staff to donate platelets throughout the week of Sept. 13-17 in Dr. Naeger’s honor. Fifth-year student Lauren Lucas had donated platelets only one other time, in high school, and was inspired to donate again during “Dr. Naeger Week.”

“I don’t think anyone could disagree that Dr. Naeger was a great teacher, pharmacist, and overall person,” Lucas says. “I think we can all see by his dedication to the center that Dr. Naeger was a truly charitable person. Everyone at the center had good things to say about him and he will be missed by all.

I went to the Pheresis Center to donate in honor of Dr. Naeger, but knowing that I am contributing to someone’s health made the experience even greater.”

A precious commodity of blood, platelets are in high demand for people with cancer or leukemia, bone marrow transplant patients, and cardiac surgery and organ transplant patients who run the risk of excessive bleeding. Donations are needed frequently because platelets have a shelf life of only five days. The Pheresis Center will be honoring Dr. Naeger throughout the year by continuing to hand out “In Honor of Dr. Naeger” wristbands to all STLCOP students, faculty, staff, and alumni who donate. Lucas plans to continue donating platelets every two weeks.

“The feeling of knowing you are helping someone who is critically ill makes the donation process worth it,” Lucas says. “The people who need platelets do not really have anywhere else to turn and if I can help them by taking an hour or two out of my week, I will continue to do so.” For more information on donating platelets, contact the Pheresis Center at 314.362.1253 or dhp2041@bjc.org.

STLCOP C.A.R.E.S. a Lot

Pulling up weeds, recycling plastic water bottles, cleaning dog kennels, sorting pencils and erasers, and helping with home repairs are just a few of the chores STLCOP students, faculty, and staff willingly jumped in to help with during STLCOP C.A.R.E.S (Community Awareness Reaching Everyone in St. Louis) Day on Sept. 29.

In its seventh year, STLCOP C.A.R.E.S. is organized by the Student Pharmacists Association (SPA) and encourages the entire STLCOP family to come together for a day of service to the St. Louis community. This year, the popular event attracted nearly 200 volunteers who were working at a variety of local sites and organizations, including Gateway Greening’s Bell Community Garden, Operation Brightside, Stray Rescue of St. Louis, the St. Louis Food Bank, KidsSmart, and Rebuilding Together. More than a volunteer service day, pharmacy students also provided screenings and health information on diabetes, immunizations, and heart health for patients at pharmacies throughout the city.

“STLCOP C.A.R.E.S. is important not only to the students but to the community,” says SPA member Nicole Lombardo. “It not only helps put our school on the map but, even more so, it is a great feeling to help out the community. Everything we do to represent STLCOP helps to build strong bonds with future patients and the pharmacy world.

“With the support and help of my fellow classmates, the day was a success. Many areas in St. Louis are cleaner, many dogs are happier, and many patients have greater health awareness. At the end of the day, STLCOP made a difference and that makes it all worth it.”

Faculty Bookmark

Professor of English Tom Zlatic is writer and editor of the Clinical Faculty Survival Guide, a resource for new clinical faculty that provides practical information and advice for being successful in clinical practice, teaching and precepting, research, leadership, service, and lifelong learning. Zlatic and a team of contributing authors, including Professor of Pharmacy Administration Peter Hurd and former STLCOP faculty members Bob Smith, Eric Hohson, and Ila Meara Harris, offer their insights for new clinical faculty as they develop their careers.

“The book is a distillation of many years of experience by noted practitioners and scholars,” says Zlatic. “It could be a valuable tool in residency programs, new faculty training, and certificate programs such as the American College of Clinical Pharmacy (ACCP) Academies. It may also help upper-level pharmacy students to select a career path.”


College Receives Top RCGA Honor

St. Louis College of Pharmacy has been selected as a recipient of the 13th Annual Greater St. Louis Top 50 Award, sponsored by the St. Louis Regional Chamber and Growth Association (RCGA) and RubinBrown. The 50 winning companies are chosen based on their significant contributions to the St. Louis region and how they are positively affecting the future of the St. Louis business community. “We’re proud to be recognized for developing partnerships and collaborations with organizations and businesses that are focused on improving people’s health and equipping them with knowledge about medicines,” says College President John A. Pieper. “STLCOP truly exemplifies the desired traits of a Top 50 winner through its commitment to academic excellence and community awareness of health-related issues.”

STLCOP and the other awardees were honored at a gala on Nov. 11 at the Hyatt Regency St. Louis at The Arch, and will be featured in the November/December issue of St. Louis Commerce Magazine.

College Receives Top RCGA Honor

Fifty-year student Lauren Lucas donated platelets at the Pheresis Center at Barnes-Jewish Hospital during Dr. Naeger Week in September. Leonard Naeger, who died in July, had donated platelets over 541 times for needy patients.
Students bring beloved objects from home to carry them through whatever comes their way during their first year at STLCOP.

PIECES OF HOME

The beginning of each new academic year brings to St. Louis College of Pharmacy new faces, mainly first-year students who are faced with the reality of leaving the comfort of home for campus life. All bring with them common necessities for their rooms and for everyday life. However, some bring mementos or keepsakes, – special pillows or blankets, memorable photos of friends or relatives, or lucky socks – which remind them of the past and provide support for the future. These prized possessions, in many ways, help to ease the transition from high school to college and are items that first-year students couldn't imagine being without during their six years at STLCOP. Here is what five first-years brought with them to remind them of home.

ROOTED IN FAITH

Alex DuBois and Haseeb Wajid have different spiritual beliefs. DuBois, who is from St. Charles is Christian. Wajid, a Chicago native, is Muslim. However, for both, religious keepsakes are among their most treasured possessions.

DuBois, 18, brought a special rosary to STLCOP. It isn’t something he wears every day; he usually keeps it tucked away in his room, only handling it during prayer or when he’s thinking of his deceased grandfather, Harold DuBois, who gave it to him in the sixth grade. “I brought it with me because it’s something to remember my grandfather by. I just like to know that he’s around,” DuBois says.

The rosary has been in his family for four generations. “This rosary is part of the very core of who I am,” explains DuBois, who before deciding to pursue the profession of pharmacy had thoughts of possibly being a priest or theologian.

Wajid, 20, wears a religious necklace every day. Inscribed on it is the Arabic saying “Bismillah al raham al rahim,” which means “in the name of God, most gracious, most compassionate.”

Given to him by a friend a year ago, Wajid says the necklace has special power, and that it has a positive impact on everything that he does. He seems to always make “As” when wearing it.

“Before class, I put it on and say a short prayer,” Wajid says. “I hold my hands up in prayer and make short du’as (submitting and asking Allah to fulfill his needs). I do awesome on tests,” says Wajid, noting that until receiving it last year he’d never owned such a necklace, which is common among most Muslims.

“Really, it’s for any activity. If I want to play basketball, it helps me have a great game. I hold it and say a prayer before going to sleep and it makes sleeping comfortable.”
As Rebecca Johnson moved her belongings into Residence Hall, she cringed at the thought of not having her favorite stuffed animal, Scraps. There was absolutely no way she could start college without that dog. He’s practically her best friend. “If I’m going through a lot, I’ll hug him,” says Johnson, a Clayton High School graduate. Sometimes, if I have little secrets that I’m not allowed to tell anyone, I’ll tell him.”

Scraps is the only keepsake that Johnson, 18, brought with her to STLCOP. The white, fluffy dog has been around since she was 10 years old. He was a gift from a friend, and Johnson and the dog have been through a lot together, including temporary separation when Scraps was lost or misplaced. The first time Scraps went missing was two years ago during a trip to Detroit. Then, he was found under the sheets in a hotel room. Johnson most recently lost her canine companion this year in Virginia, while touring a college there. Luckily for Johnson, he was returned safely again. “I love him so much,” she says. She never considered leaving Scraps at home – not even for a moment – only seeing him on the weekends or during the holidays. Nor did she entertain the thought of giving him away, like Andy in Toy Story 3 who chose to give away his collection of toys, including Buzz Lightyear and Woody, to a neighbor before heading off to college. “I cried [during that movie],” Johnson says. “I imagined having to leave Scraps.”

With the expectation of being at STLCOP for the next six years, Scraps already has a designated place in Johnson’s room. He resides safely and quietly on her bed. For Johnson, there’s no better feeling than knowing Scraps is by her side. “I snuggle with him; he helps me sleep better,” she says. “I seriously can’t sleep without him. If he’s not with me, I’ll stay up all night. I’ve had him since elementary school, during middle school, and in high school. Scraps had to come with me to college. I would feel super homesick without him.”

Zachary Mueller brought his PlayStation game system to STLCOP. He figured it would help him and his lifelong friend and roommate Clayton Maxfield break the ice and get to know other first-year students living on campus. Like many students their age, both Mueller and Maxfield are avid video game players. Mueller still recalls getting his first game system, a hand-held Game Boy system, when he was eight years old. What’s cool about game systems, he says, is the social interaction and opportunity to build friendships, whether competing online or playing face-to-face. “You can invite your friends over or actually make new friends,” Mueller says. “Just set it on ‘easy’ and everyone can play.”

Their game of choice is Rock Band. As they moved into Residence Hall with all of their necessities, Mueller carried the guitar while Maxfield tightly hung onto the electric drums. The two 18 year olds from Troy, Ill., couldn’t wait to “rock out” with everyone during their first night in the dorm. “It was Rock Band for the whole dorm,” Mueller says. “Everyone likes music, and you can stay up all night playing music. It’s about having a good time.”

Rock Band and other video games, it seems, are also good for relaxing after a stressful day of classes. “Rock Band is a great game,” Maxfield insists. “You can get mad, put a good song on, and drum some stress away. You can just jam to it! It’s not like a drumming instrument where you make a lot of noise all over the place. You’re just playing a video game.”
LESSONS IN LITERATURE

Faculty members share favorites from their reading lists.

Outside the classroom (and sometimes under a big oak tree, or buried amidst a mass of pillows) STLCOP faculty members enjoy getting lost in a great story. If you have been searching for your next literary adventure, here are some recommendations and reflections from a few of our favorite critics and in-house book reviewers.

NAME: Wendy Duncan, Ph.D.  TITLE: Vice President, Academic Affairs; Dean of Pharmacy
BOOK/AUTHOR: The Help, Kathryn Stockett
SYNOPSIS: A historical novel that takes place in Jackson, Miss., during the Civil Rights Movement. The story is told through the eyes of two black maids, Aibileen and Minnie, and a young white woman, Skeeter, who discover their power to foster social change.
THEMES FROM THE BOOK: Segregation
HOW I FOUND THIS BOOK: I heard an interview with the author on National Public Radio.
WHAT MAKES THIS BOOK UNIQUE: The moments of pain, fear, courage, and triumph that the characters face and how much the culture resembled the culture in which I became immersed when I moved to Amarillo, Texas, from Toronto, Canada.
CHARACTER FROM THE BOOK THAT YOU’D LIKE TO HAVE LUNCH WITH: Aibileen
THIS BOOK IS PERFECT FOR: Anyone who is trying to create change amidst what seem to be insurmountable barriers.
BIGGEST TAKEAWAY: This story was truly a window into the culture of the time. It was unnerving, especially since I read it just before taking a trip to Jackson, Miss., where the story takes place.
FAVORITE PLACE TO READ: At the kitchen counter.

STORY BY Katie Kelly  PHOTOGRAPHS BY Jennifer Silverberg
NAME: Carol Oliver, Ph.D.  
TITLE: Associate Professor, English  
BOOK/AUTHOR: The Inheritance of Loss, Kiran Desai  
SYNOPSIS: Mostly set in a big, old house high up in the mists of the Himalayas, this book is wonderfully atmospheric. Gradually and gently, many threads weave into the story. Readers share struggles of a character who is trying to make a life in New York City and encounter insurgents who want to stake their claim to the mountainside.  
THEMES FROM THE BOOK: The point of the book is not political – a battle between “haves” and “have nots” – but rather to help readers see the common humanity that we all share. The author brings us into the experience of people who, as one reviewer wrote, ‘are buffeted by the winds of history.’  
NUMBER OF TIMES YOU’VE READ THIS BOOK: Twice in two years.  
DID THE BOOK CHANGE THE WAY YOU PERCEIVE SOMETHING: I’ve long tried to “see as others see,” so I can’t say the book changed how I think or perceive, but it has intensified my understanding of what is happening to so many people in many parts of the world as changes – political, economic, environmental – alter hopes and dreams.  
FAVORITE PLACE TO READ: When I was in college, I’d read sitting at the base of a big oak tree. Now, whenever I can find time, I like to read at the Missouri Botanical Garden.

NAME: Marlene Katz, Ph.D.  
TITLE: Associate Professor, Chemistry  
BOOK/AUTHOR: The Long Fall, Walter Mosley  
SYNOPSIS: This book is about a private investigator, Leonid McGill, who is paid to gather information on the location of four men. After finding the men and delivering information to his client, McGill discovers that the men begin to show up dead. During his search for the truth about the four men, he comes to realize that his code of behavior is not one that he can live with.  
THEMES FROM THE BOOK: McGill is a black man who had always considered his skirting of the law justifiable due to prolonged injustice to his race. As he unravels the mystery behind the four men, McGill goes through a crisis of conscience about the choices he made.  
WHAT MAKES THE AUTHOR UNIQUE: Walter Mosley provides insight into a world that I would not otherwise know – the life of a black man in America, and does so without conveying self-pity or self-righteousness.  
BEST LINE OR QUOTE: “I’d never been in the armed forces, but I had been through a war or two. This ride, I came to feel, was little more than one of my cold showers, a prelude to a weekend day of adversities. I grinned at the fear rolling inside me. I didn’t owe it anything but my company.”
NAME: Don Rickert, Ph.D.  
TITLE: Professor, Pharmacy Administration

BOOK/AUTHOR: Netherland, Joseph O’Neill

SYNOPSIS: Hans van den Broek, the Dutch-born narrator, is alone in a temporary New York residence during the aftermath of 9/11 after his wife returns to London with their son. The emotional tension of the story is maintained as Hans struggles with his need to reconnect with his wife.

HANS VAN DEN BROEK: The Dutch-born narrator, is alone in a temporary New York residence during the aftermath of 9/11 after his wife returns to London with their son. The emotional tension of the story is maintained as Hans struggles with his need to reconnect with his wife.

WHAT MAKES THIS BOOK UNIQUE: O'Neill’s deftness with language, distinguishes this book.


BIGGEST TAKEAWAY: The experience of mental illness is complex. Recovery requires compassion and support from family, friends, and members of the medical community.

“I was ‘better,’ that the illness was one I should willingly give up.”

WHAT MAKES THE AUTHOR UNIQUE: Joe’s father is Irish and his mother is Turkish. He was born in Ireland, raised in Holland, received his law degree from Cambridge, worked as a barrister in London, and now lives in New York. This diversity of thought is obvious in Joe’s writing.

DID THE BOOK CHANGE THE WAY YOU PERCEIVE SOMETHING: This book gave me increased insight into types of stigmas faced by people with mental illness and how these stigmas infiltrate every aspect of their personal and professional lives.

FAVORITE PLACE TO READ: Curled up on the couch with my daughter and at least four or five giant pillows!
Creature Comfort

BY MAUREEN HARMON
PHOTOGRAPHY BY JENNIFER SILVERBERG
If Fido, your precious pooch, gets a bellyache, you can slap an antibiotic into some peanut butter, and voila, the pill is ingested before you can even wash that excess peanut butter from your fingers. But what, exactly, does one do with a sick reptile? Take, for example, a snake—let’s say the Anatolian viper, so endangered that the Turkish location in which it was discovered back in 1969 has never been published for fear snake lovers might go looking for it and doom it to extinction. You can see why the nation’s zoos want to keep them healthy. But when you’re dealing with a venomous snake, sometimes that’s easier said than done.

If a scarce viper is feeling under the weather, and completely disinterested in his rodent meal, a zoo’s vet can’t exactly inject his mouse lunch with an antibiotic, slather the poor thing in peanut butter, and hope the medicine makes a successful transfer from one immune system to the other. A sick viper might need an antibiotic, but his keepers certainly aren’t going to shove anything down his throat. Especially if he’s a tad crabby. So the vet places a call to a pharmacist like Tom Hunt ’80, owner of Lindenwood Drug in St. Louis, who fills prescriptions for the Saint Louis Zoo. Under the vet’s instructions, Hunt says, a pharmacist might create a nebulizer treatment, so zookeepers can place the snake in an aquarium and pump in medicinal gas. Not exactly as easy as the peanut butter solution, but a lot easier than “pilling” a reptile with a pump in medicinal gas. Not exactly as easy as “pilling” a reptile with a venomous snake, sometimes that’s easier said than done.

The veterinary pharmacist is a role more and more St. Louis College of Pharmacy grads are taking on as they seek the licenses to practice veterinary medicine. For Hunt, the vet side of pharmacy is one immune system to the other. A sick” says Hunt. “Human doctors have to know so much about their patients. ‘Human doctors have to know one system,’ he says, “but vets need to know birds, amphibians, reptiles. They’re very intelligent people, and they don’t get the credit they deserve, and they don’t get paid a whole hell of a lot either.’ In turn, Hunt learns a lot about veterinary pharmacology. ‘Things like the fact that Asian elephants are prone to the herpes virus—and once they become symptomatic, they could be dead within 72 hours, sometimes before the vets even have the chance to test them. He’s learned that ferrets are sensitive to sugar, and that drugs like ibuprofen and Tylenol take a tough toll on their guts. Cats are prone to hyperthyroidism, and some dogs to hip dysplasia and seizures. And there’s a big difference, vets and pharmacists know, between doing a five-pound Chihuahua and a 10-pound German Shepherd. Although Hunt is rarely called in to administer a drug, he may help a pet owner get Fido to take his pill the peanut butter trick works wonders). He recalls one instance when zoo employees asked if he’d like to administer medication to their lion with a toothache (they were kidding, of course). ‘He hasn’t eaten anything in a week,” the technician teased Hunt. ‘He’s not going to eat you.’

Gary Ceretto ’76 and his pet Maltese, Snowflake. Besides dogs and cats, Ceretto also has compounded steroids for some unusual animals, including a red-tailed hawk and a Vietnamese monkey.
nutrition solution, a mix of medications coupled with an intravenous feeding for horses who may have fallen and are unable to feed properly. "If the solution is not mixed properly, a horse can develop a fatal inflammation in the jugular," says Johnson. He also only trusts a trained pharmacist to create those concoctions and to keep tabs on the controlled substances like morphine and barbiturates used for equine euthanasia.

For some clients, the drug is a lot less complicated. Sometimes it’s all a matter of taste—making a drug palatable for a patient. Compounding pharmacists are able to add liquid flavors to medicines. Depending on what a horse needs, vets can take their pick from flavors like chicken, beef, tuna, fish, and apple. Hamsters, he says, are particularly fond of "tutti frutti." 

Jennifer Rich ‘86 provides care for patients of a different breed. She gives pet owners and vets better options for making animals comfortable enough to be medicated, and she consults owners on natural foods, vitamins, and treatments.

Jennifer’s Pharmacy and Soda Shoppe sits along North Central Ave. in Clayton, Missouri. This is not your typical retail store—it’s an old-school pharmacy with new-school remedies. Jennifer is one of the few remaining American pharmacies where visitors can get medication and a sugar fix, where moms-to-be can pick up their prenatal vitamins and a root beer float. Jennifer Rich ‘86, grew up in a small Illinois town before heading to St. Louis College of Pharmacy for her degree. She always knew she wanted to do business for herself, so in 1991, she opened a small store and began caring for the neighborhood. In 2005, she moved four doors down to a larger building that would allow her to expand her business. She purchased a 1930 soda fountain from a couple in Oregon, had it shipped to Central Ave., and built her store around it. In an atmosphere like that, it’s pretty easy to get to know your clients. Some come in and have a child-dog or a tuna salad sandwich (the shop even serves "penny" candy, phosphates, and egg creams, remember those?) while waiting for their prescriptions. But the small-town feel of the place has also allowed her to get to know a whole other set of clients—the kind that bark and growl and hiss and mew.

Trained in compounding, Jennifer sees three or four scripts a week from local vets for household pets. And the cases are pretty typical: potassium bromide for dogs or a request for a transdermal Methimazole solution for cats with thyroid problems. "Just rub a little of that on the cat’s ear," says Hunt. "The cat thinks you’re loving it." Rich isn’t providing care for any of the exotic reptiles or amphibians that Hunt may be, but it’s not necessarily about interesting cases. In fact, part of what this business is about is ease and comfort. Giving pet owners and vets better options in order to make animals comfortable enough to be medicated. They are, after all, someone’s family, just as any human patient might be. "People complain about a $10 or $15 co-pay on a prescription," says Hunt. "For a pet, a month’s supply could be more than $20, and owners shell that out in a heartbeat." And just as families are attached to their pets, vet pharmacists get attached, too. "We know the animal’s names more than we know the owners’ names," says Rich. "It’s Lucky’s mom or Roxy’s dad." Ceretto even sends cards to pet owners after their loved ones have passed away. And he gets plenty of cards himself from grateful owners who are happy to have found a way to administer medications to furry friends.

And all vet pharmacists seem to have a few patients or cases they’ll never forget. For Rich it was one mutt in particular who simply couldn’t take pills (peanut butter be damned), because his throat would close every time the owner or vet tried to administer a drug. For years, Rich transformed his medication from solid to liquid form. For Ceretto, who mainly fills scripts for dogs and cats, it was a red-tailed hawk with a fungal infection. The bird needed a steroid, but "pilling" a bird is about as easy as pilling a snake, so he developed a liquid that could be injected into the bird’s daily meal of North Dakota quail meat. And then there’s Jo-Jo, the monkey, a family pet that had been brought home from Vietnam. He had a rash, for which Ceretto supplied a topical steroid. That Vietnamese monkey was a first for the small-town pharmacist. For most veterinary pharmacists, there isn’t a lot of extensive training for providing animal care, which may be why pharmacists move into the field. "Whether your compounding is for dogs or humans, it’s all the same," says Rich, who also fills online prescriptions for pet-source.com. She learned all she needed to know about compounding from St. Louis College of Pharmacy. Ceretto supplemented his education when he joined the Professional Compounding Centers of America (PCCA), a resource for independent pharmacists, and took a four-day training course. For all of them—Hunt, Rich, and Ceretto—finding the best ways to administer a drug comes from plenty of research through resource guides and conversations with veterinarians and other compounding pharmacists.

And Rich saw a trend in vet pharmacy that she’s been noticing in human clients for years—a move toward natural or homeopathic remedies. Though the store is rooted in old-time charm, it’s also making moves toward a new wave of clientele. More and more human patients are showing up at Jennifer’s store to seek the latest in all-natural products and remedies—everything from Chicken Poop Outdoor lip balm made from all natural ingredients (um, no poop) to Hoodia (the all natural ap-petite suppressant touted in online ads) to liver detox remedies, which are designed to remove toxins in your body in order to make it more efficient. Now pet owners are arriving at Jennifer’s, too, hoping to get advice on natural foods, vitamin regimens, and medications like Homeopathic Rescue Remedy, given to dogs who exhibit separation anxiety or nervousness at the onset of a thunderstorm. "The whole natural industry has grown leaps and bounds," says Rich. "There’s a whole line of cleaners that just came out that’s safe for pets." So far as many traditional scripts as she’s filling for her canine and feline clients, Rich, who has long believed in the benefits of natural healing for any patient, is also consulting owners on treatments for pups who prefer to go au naturelle. Sometimes, it’s just a matter of preference.
In 1960, St. Louis College of Pharmacy graduated arguably one of its best classes ever. They went on to become community pharmacists, business owners, researchers, educators, physicians, and active community leaders. Some of them have been honored with Alumni Association awards; others have received awards from the Mortar and Pestle Society. Let’s test your knowledge of seven members of the class of 1960.

1. Mickey Smith, the Barnard Distinguished Professor Emeritus at the University of Mississippi, spent 37 years as a pharmacy professor. In addition to teaching, he was the founding director of the UM Center for Pharmaceutical Marketing and Management. Prior to working at Ole Miss, he was a marketing manager for Pharmacia Labs in New Jersey. In 2003, he was awarded the Pellegrino Medal by the Healthcare Ethics and Law Institute of Samford University for his contributions to health care ethics. And, in 2005, he received the American Pharmacists Association’s Tyler Stimulation of Research Award, which is given every three years to an individual who is “found to have inspired his or her students or colleagues to do research.” Smith has published 26 books and was able to parlay his radio hobby into his latest book, How Fiber McGuire and Molly Won World War II. Smith, a recipient of the Alumni Association Service to the Profession Award, lives in Oxford, Miss., with his wife of more than 50 years, Mary.

2. As a student, David Darguzis struggled to pay his tuition. His father was a bookkeeper with four children to provide for, and money was tight. The College offered Darguzis a job working for Dr. Frank Mercer as well as a scholarship that covered tuition and books. At STLCOP, Darguzis honed his leadership skills as a class officer and student council member. He was inducted into the Rho Chi Honor Society and became a member of Phi Delta Chi fraternity. He later established the Darguzis Family Scholarship, a community pharmacist for more than 40 years, Darguzis was more like his father and mother. The Blumenthals helped to fund the education of countless students as a member of the mortar and Pestle Society, and by establishing the David A. ’60 and Diane H. ’60 Wahlbrink Scholarship. Wahlbrink is retired from 27 years as a community pharmacist. She and her husband, Dave recently celebrated 48 years of marriage. They have two children and two grandchildren, and live in Florissant, Mo.

3. One of only seven women and one of two religious sisters in her class, Sr. Mary Louise Degenhart was often asked by her classmates to “rub her beads” to help them get through an organic chemistry exam. “Growing up in a family with three brothers, I was a minority at home; hence being a minority at college was more of the same,” she said. “I loved all my brothers at home and at college.” As a sister of the Adorers of the Blood of Christ, Degenhart has been involved for many years in contract work with the American Society of Hospital Pharmacists. She works to improve pharmacy residency and pharmacy technician training, and is passionate about her commitment to patients. An unwavering purveyor of STLCOP pride, Degenhart has served on the College’s Board of Trustees and the Alumni Association board of directors. In 1996, she received the Outstanding Achievement Award from the College and this year, she was the recipient of the Loyalty Award. Degenhart lives in St. Louis.

4. Andrew Galakatos, M.D., is professor of clinical obstetrics and gynecology at Washington University School of Medicine (WUSM). Galakatos knew exactly what he wanted to do after graduating from STLCOP, which is why he went on to medical school at the University of Missouri. “STLCOP’s compassionate educational staff prepared me for medical school since I initially lacked confidence in myself.” He would go on to do a five-year internship and residency at Barnes-Jewish Hospital and, following two years of active military service, completed a two-year fellowship in gynecologic oncology at Anderson Cancer Hospital in Houston. When he returned home to St. Louis in 1974, Galakatos went into private practice and, in 1995, joined the faculty at WUSM. As an undergraduate, Galakatos was a member of Phi Delta Chi fraternity and Rho Chi Honor Society. In 1990, he received the Alumni Association Service to the Community Award.

5. In addition to his “pro bono” duties as medical examiner for Polk County, Tenn., and chief medical officer for the volunteer West Polk County Fire and Rescue, David Darden, D.D., M.P.H., has grown trees for years on the 393-acre farm he and his wife, Jan, own in rural Ocoee. In 1987, he was named the “Tennessee Tree Farmer of the Year.” A Georgia native, Darden attended STLCOP while living with his mother in Illinois. After graduation, Darden went on to obtain a Doctor of Osteopathic Medicine degree in 1969, and completed a residency in anesthesiology in 1972. He earned a Master of Public Health in Occupational Health and Safety from the University of Alabama School of Medicine at Birmingham in 1995, and completed a residency in occupational and environmental medicine the same year. Darden practiced pharmacy for five years and anesthesiology for 22 years. He has been an occupational and environmental medicine physician for 16 years, and currently serves as a consulting occupational medicine physician for Merck & Co. and Rubbermaid Commercial Products in Cleveland, Tenn. “I guess you might say I have a need to be where there is a need.” But what he considers to be his proudest contribution to the profession is being part of a team that administered free oral polio vaccines as part of a March of Dimes project in Macou, Ga. Darden and his wife have two children and four grandchildren.

6. Diane (Brander) Wahlbrink met her future husband, Dave, at STLCOP during entrance exams. Outside the classroom, Wahlbrink, Dave, and their classmates pulled all-night ‘brain buster’ study sessions, and took trips by train to Elizabethton.

7. As a clinical professor of neurology at the University of Oklahoma-Tulsa School of community Medicine, Harvey Blumenthal, M.D., teaches residents and students about neurology. In 1960, Blumenthal could not have imagined the medications and therapeutic advances we have today. Back then, he was more focused on intramural basketball, fantasy games, and his fraternity, Alpha Zeta Omega. But it was his work that earned Blumenthal the Alumni Association Outstanding Achievement Award in 2001. From 1994-2001, he was included in the Best Doctors in America list as one of the top 20 headache specialists in the country. Blumenthal received his medical degree from the University of Missouri in 1966, and completed a residency in neurology at Washington University and Barnes Hospital in 1970. Following two years of active duty in the U.S. Navy, he entered private practice in Tulsa, Okla., in 1972. He joined the University of Oklahoma in 1974 as a voluntary faculty member. He and his wife, Sandra, established the Paul ‘32 and Edythe Blumenthal Memorial Scholarship at the College in honor of his father and mother. The Blumenthals are Lifetime Members of the Mortar and Pestle Society and live in Tulsa. They have three children and seven grandchildren.
New Alumni Benefits

STLCOP alumni can now take advantage of a wide range of benefits through the Alumni Association. And remember, anytime you shop or travel, you’re proudly supporting your alma mater and Alumni Association programs.

Alumni Credit Card
Show your STLCOP pride with the STLCOP Platinum Visa credit card from UMB Bank. Today you’ll support the STLCOP Alumni Association — at no additional cost — with every credit card purchase. For each purchase, UMB Bank makes a contribution to the Alumni Association to support alumni and student programs. For more information, visit alumni.stlcop.edu.

Car and Home
Save money on car rentals with discounts at National Car Rental, Enterprise, and Hertz. Log in to the online community at alumni.stlcop.edu to obtain your access code. Liberty Mutual Insurance Company offers auto and home insurance to a discount to your family at discounted rates. Contact Liberty Mutual at 1.800.524.9400 and be sure to mention that you are a STLCOP alum!

Travel Deals
Discover your dream destination by traveling at a discount. STLCOP alumni receive 10 percent off the best available rate at 20,000 vacation rental properties booked through Endless Vacation Rentals by Wyndham Worldwide. Visit www.kvrentals.com/stlcopalmi or call 1.800.524.9400 and use your access code. Log in to the online community at alumni.stlcop.edu to obtain your access code.

Whether you are looking for a luxurious resort in Mexico, a multi-bedroom condo in Orlando, or an authentic villa in Tuscany, STLCOP alumni also will receive 20 percent off the “best available rate” at participating Wyndham Worldwide hotels and resorts every time you travel. Log in to the online alumni community at alumni.stlcop.edu to access your access code. For more information, call Wyndham Worldwide at 1.877.670.7088.

More Ways to Show Your STLCOP Pride...
- Travel the world with the STLCOP family through exclusive alumni tours.
- Log in to the alumni NetCommunity—an online community with exclusive benefits for STLCOP alumni.
- Keep up-to-date on the latest news and events with the @STLCOP e-newsletter.
- Read about pharmacy trends or read up on former classmates in Script magazine.
- Shop at the online alumni merchandise store — conveniently located on a computer near you.
- Accept an invitation to a STLCOP alumni regional event in cities across the country.
- Register for STLCOP continuing education programs.
- Park for free in the STLCOP garage during evenings and weekends. Park at STLCOP, and take the MetroLink to the game!
- Get a workout in at the STLCOP fitness center.
- Take in a play or musical, performed by STLCOP students.
- Use your 10 percent discount on all clothing and gift items in the Matthews Bookstore on campus.
- Check out new arrivals at the College’s library.

Distinguished Alumni Award Recipients

Steve Hebel, Donald Rickert, John Galle, and Joseph Tuley honored during Reunion Weekend 2010.

Steve Hebel ’84

Service to the College
For nearly a decade, Steve Hebel was a member of STLCOP’s Board of Trustees, helping to guide the College through several hallmark events including a major construction project, land exchange, and the selection and hiring of a new president. Currently, Hebel serves on the dean’s advisory and diversity committees and is a preceptor for sixth-year students completing their rotations. In 2003, he received the Alumni Association’s Outstanding Achievement Award. In addition, he is a member of the American Pharmacists Association and the Rho Chi Pharmaceutical Honor Society.

As director of pharmacy for Corum Health Services in St. Louis, Hebel oversees operations of pharmacy students, technicians, and pharmacists to ensure proper delivery of medications to St. Louis Delmar Gardens nursing homes. He is also an STLCOP education with his ability to help staff succeed. “A STLCOP education provides the tools and knowledge to go out and make a difference in the world,” he says. “It is not simply the education that we take away from the College, but the ability to affect and change lives.”

Donald Rickert ’71

Outstanding Achievement Award

After graduating from STLCOP in 1971, Donald Rickert was employed as a hospital pharmacist for 17 years where he was charged with delivering CE presentations for the nursing staff. Since then, Rickert has been a member of the STLCOP Board of Governors for 14 years. Rickert is particularly proud of the $176,000 federal grant that STLCOP received in 1994 for the development of leadership programming while he was serving as dean of students. “I take pride in the fact that the program that I developed as a result of this grant became an impetus for change at STLCOP,” he says.

In his current role as professor of pharmacy administration, he plans to continue developing students as leaders in thought and practice. “Effective delivery of pharmaceutical care depends on the development of interpersonal skills that enable students to successfully deliver care,” he says. “This requires students to rethink their notion of education, shifting the emphasis from an accumulation of knowledge to the creation of a community of learners focused on improving effectiveness.”

John D. Galle ’07

Young Alumni Award

After earning his Pharm.D. degree from St. Louis College of Pharmacy, it took John Galle one month to be promoted to pharmacy manager at Walgreens. As the pharmacist-in-charge for more than three years now, Galle trains pharmacy personnel, ensures compliance with state and federal guidelines and regulations, and improves pharmacy sales and profits. In addition, Galle prepares pharmacists in Missouri and Illinois for immunization administration certification as an APHA pharmacy-based immunization faculty trainer. When he is not working at the pharmacy, Galle often is in a STLCOP classroom as an adjunct pharmacy practice instructor.

Galle credits former professors and instructors with helping him to excel academically. He believes the education he obtained at STLCOP provided him with opportunities to serve his community and secure his family’s financial future. “I am humbled to receive this award because I know that there are many young pharmacists out there that are doing an outstanding job,” he says. “This award inspires me to work even harder in order to serve all of my patients better.”

Joseph M. Tuley ’63

Service to the Profession

As a third-year student at STLCOP, Joseph Tuley began his career at Barnes Hospital, eventually working his way into a pharmacy supervisor position. Upon graduating from STLCOP, he worked at the hospital for 12 years before opening Tower Pharmacy in a north St. Louis county neighborhood. Tuley became the primary care provider for individuals and families without insurance and without means to pay for medical care.

After closing Tower Pharmacy 21 years later, Tuley spent several years in retail and hospital pharmacy before retiring in 2005. In the late 1960s, he returned to the College as an instructor in the dispensing and physical pharmacy labs. In 1994, he was elected president of the Missouri Pharmacy Association. He also initiated the annual Alumni and Friends Golf Classic, which has raised over $370,000 for scholarships. Tuley has served as president of the Alumni Association, and along with his wife, Carol, is a member of the Mortar and Pestle Society.

Tuley hopes his contributions will continue to impact the pharmacy profession for years to come. “I am sincerely overwhelmed by this award, and thank the committee for their recognition,” he says.
Alumni News

1. Heather Collins ’12 and Laine Rags ’12 meet with alumni during the Vin de Set happy hour in St. Louis.


3. Vin de Set Happy Hour in September.

4. Alexander Wood ’11, Nicholas Martin ’06, and Chad Kay ’07 before the Alumni & Friends Golf Classic, which raised more than $24,000 to help fund student initiatives.

5. Joe Daugherty ’00 with his foursome, the winners of the Alumni and Friends Golf Classic.

6. Claude Gaebelein, Chrissi Glastetter ’04/’05, Christy Burrows ’09, and James Grandstaff on the course.

7. Young alumni at Beyond the Ivy rooftop at the Cardinals vs. Cubs game in Chicago.

8. Linda Martin, Nancy Reed, Bill Reed ’57, and Larry Martin ’69 at Beyond the Ivy Rooftop.

9. Casey ’01/’02 and Cori ’03 Dugan and Chad ’00/’01 and Katie ’99 Graue at Beyond the Ivy.


Reunion Weekend 2010: 1. Freddie Houston ’60 and Lester Steinhoff ’60 reconnect with former classmates and friends at the Gold Alumni Reception.

2. Alumni share stories and congratulate the Distinguished Alumni Award recipients at the President’s Reception.

3. Diane Wahlbrink ’60 being inducted into the Gold Alumni Club.


5. James Schmidt ’60 shares memories with former classmate Sr. Mary Louise Degenhart ’60.

6. Alumni close Reunion Weekend with a tour of Busch Stadium.

7. Todd ’85 and Norma ’85 Armstrong have caricatures of themselves drawn at the opening barbecue.

8. Luann (Quach) ’09 and husband Matthew Luechtefeld enjoy the BBQ on the Quad.

9. Members of the Class of 1960 recall their time at STLCOP while looking through their memory book.

10. Alumni gathered on the Quad for the opening barbecue during Reunion Weekend.
Alex Robert, on Dec. 26, 2009, welcomed their first child, Jamie (Doerr) Wyse '99 and her husband, Chris, in Chesterfield, Mo. who is 3. The family resides join big sister Kahley, who measured 19 inches. They 5 pounds, 10 ounces, and measured 18. Mela weighed 5 pounds, 10 ounces, and Lexa weighed 5 pounds, 1 ounces, and measured 21 inches. Jamie is a pharmacy manager at Walgreens. The family resides in Dayton, Ohio.

Daniel Blakeley '79, CEO of Foundation Care Pharmacy in Earth City, Mo., received his 50th license to practice pharmacy in September, when he was licensed as a pharmacist in the state of Ohio. He is now licensed in Washington D.C. and all 50 states except California. "I didn’t embark on this endeavor to create attention, but simply to become more familiar with state laws and procedures in order to better serve our patients all over the country," says Blakeley, who started his company with business partner, Michael Schultz ’78, six years ago. Blakeley’s pharmacy distributes products to all 50 states, which requires licensure in each respective state in order to ship into it. Blakeley had checked off quite a few states on his list when Schultz challenged him to keep moving forward and “see how it goes.”

"The next thing you know, I was at 30, then 40, and so seemed like a near shot so I just finished them up," says Blakeley, whose company provides unique products, such as sterile, preservative-free products for inhalation, to patients with cystic fibrosis and chronic obstructive pulmonary disease (COPD). During the past several months, Blakeley took one state law exam each week and passed the Multistate Pharmacy Jurisprudence Examination. The National Association of Boards of Pharmacy (NABP) knows of no other pharmacist who has acquired 50 licenses.

"Mr. Blakeley has a great deal of dedication to keep track of renewing so many licenses and ensuring compliance with continuing education requirements for all 50 jurisdictions," says Carmen Catizone, executive director and secretary of NABP.

"It's always good to broaden your perspective, whether you practice in Missouri, Illinois, or Texas," Blakeley says. "It helps you to look at the laws in your own state and get involved in the legislative process. It gives you the ability to make more informed decisions."

In addition to his state licenses, Blakeley is now completing applications to obtain licenses in the Virgin Islands, Puerto Rico, and Guam.

WHAT HAPPENED TO THE CLASS NOTES?!

FROM THE EDITOR

It’s a terrible thought, isn’t it? No place to turn to see what your former classmates have been up to. No way to hunt down that old friend whom you have lost track of over the years. No place to read inspiring profiles of pharmacists doing amazing things in their communities. Nowhere to share your special moments or remember those who have gone before us.

Class notes that remind you of why you are proud to be a part of the STLCOP community.

If you like the Class Notes section of Script magazine as much as I do, then don’t forget to send your news. Dropping us a line about your work projects, anniversaries, hobbies, retirements, or recent awards will help ensure that we continue to fill this page with the great stories, photos, and updates you love to read.

Sincerely,

Sheila Haar Siegel
Tell your STLCOP friends and classmates about the latest news in your life.

Submit to:
Alumni Office • St. Louis College of Pharmacy
4588 Parkview Place • St. Louis, MO 63110

measured 19 ½ inches. He weighs 20 pounds, 10 ounces, and measured 20 inches. Tiffany, who is 4 years old, joins big brother Carter, measured 20 ½ inches. She weighed 8 pounds, 2 ounces, and measured 20 inches. Tiffany is a pharmacy manager for Schnucks Pharmacy. The family resides in St. Louis.

Les Miller '04 and Lesley (Gart) Miller '04 welcomed their first child, Miriam Claire, on July 15. She weighed 8 pounds, 10 ounces, and measured 21 inches. Les is a staff pharmacist at Walgreens and Lesley is a clinical pharmacist for Humana. The family resides in Louisville, Ky.

Sarah Bionuzzo ’08 married Jeff Boldner on Nov. 7, 2009, at St. Joseph Catholic Church in Prairie du Rocher, Ill. Jeff is a staff pharmacist for Walgreens in Murphysboro, Ill. The couple lives in Carbondale, Ill.

Conny Bath ’06 and her boyfriend, Brian, welcomed their first child, Nolan Eakin, on Sept. 26, 2009. Lindsay is a staff pharmacist at Walgreens in Collinsville, Ill. Rob owns Eakin Larsen Service. The couple lives in Glen Carbon, Ill.

Corey Bath ’06 and her husband, Brian, welcomed their first child, Carleigh Dawn, on June 15. She weighed 7 pounds, 8 ounces, and measured 20 inches. Tiffany Salyer ’04/’05 and her husband, Rob, welcomed their first child, Annabelle Claire, on July 14. She weighed 7 pounds, 8 ounces, and measured 20 inches. Tiffany is a pharmacy manager for the College the longest.

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Miranda (Cavan) Hall ’02 and her husband, Brian, welcomed their second child, Cashigh Dawn, on June 15. She weighed 8 pounds, 2 ounces, and measured 20 ½ inches. Tiffany is a pharmacy manager for the College the longest.

Tiffany Salyer ’04/’05 married Michael Kunz on Dec. 10, 2005, at St. Joseph Catholic Church in Prairie du Rocher, Ill. Sarah is a staff pharmacist for Walgreens in Murphysboro, Ill. The couple lives in Carbondale, Ill.

In Memoriam

Alfred Clark Soree ’52 died Sept. 10 in Kalamazoo, Mich.

C. Fred Moskle ’56 and his wife, Betty, on Sept. 28 in Olney, Ill.

Carl A. Gilleard ’48 died July 18 in Arnold, Mo.

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ALUMNI TRAVEL

10-DAY CANADA/NEW ENGLAND CRUISE

New York, Newport, Gloucester, Bar Harbor, Halifax, Sydney, Charlottetown, & Quebec City

Join the fun
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For more information, please contact Thomas Travel at 800.255.3230 or bob@thomastravel.com.

Join fellow alumni and STLCOP friends for a 10-night cruise stopping at beautiful ports of call aboard Holland America Line’s ms Eurodam Sept. 10-20.

In addition, 16 CE credits will be available through seminars from Dr. Robert W. Piepho, professor of pharmacology and toxicology and dean emeritus of the School of Pharmacy at the University of Missouri-Kansas City.

For more information, please contact Thomas Travel at 800.255.3230 or bob@thomastravel.com.